



DETOX WHAT-TO-PACK LIST

Please note: All patient belongings will be searched. Please keep it simple. **Patients are responsible for the safety and care of all their belongings!** Patients in detox are not permitted visitors or phone calls.

- **PATIENTS MUST BRING PHOTO ID AND INSURANCE CARD**

- Minimal clothing should be worn (t- shirt, underwear, sweatshirt/jacket, etc.). Patients will wear the same pair of shoes they are wearing for admission. Patients will be provided with scrubs to wear during their stay in detox.

- **PATIENTS SHOULD PACK ONLY ONE SMALL BAG!** This bag can contain:
 - Toiletries (toothbrush, toothpaste in unopened containers, etc.). Soap and shampoo will be provided.
 - Small makeup bag
 - **Prescribed medications** (full prescriptions must be in correct bottles or admission can be denied)
 - Cigarettes (**SEALED PACKS ONLY**) and lighters

- **PATIENTS SHOULD NOT BRING:**
 - Aerosol sprays of any kind, hair spray, mouthwash, perfume, cologne, aftershave, valuables, nail polish or nail polish remover
 - Bedding (pillows, blankets, etc.)
 - Purses
 - Credit cards
 - Snacks, drinks, gum or candy
 - Cell phones, MP3 players, tablets, laptops, etc. (NO electronic devices of any kind.)